

2280301

sport

Ford TL20H Pinto

I-4cyl 2.0L 8v SOHC (RP/RP)



intake exhaust

camshaft data:

lash ramp	: 0.25mm	0.25mm
duration @ 0.1mm	: 270°	281°
duration @ 1.0mm	: 232°	244°
valve lift	: 10.75mm	11.35mm
cam lift	: 6.75mm	7.15mm
lobe angle	: 110°	110°
timing @ 1.0mm	: 7° / 45°	52° / 12°
valve lift @ TDC	: 1.95mm	2.40mm

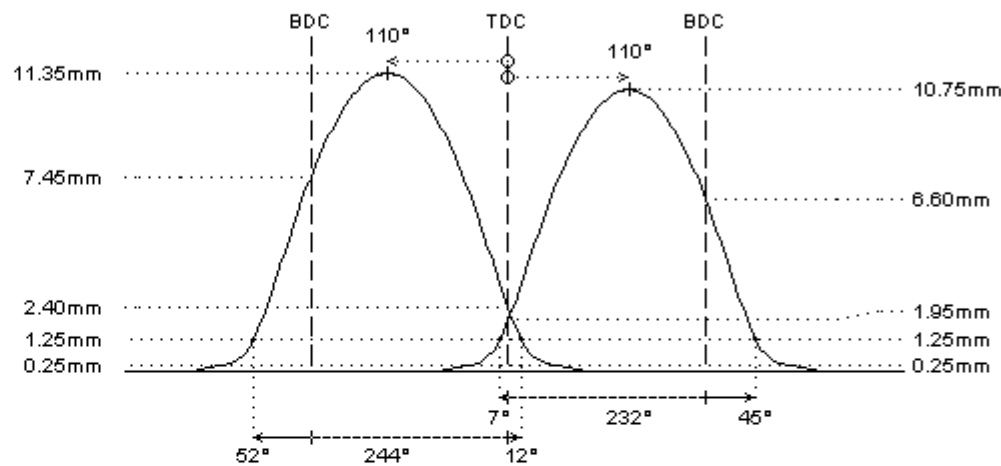
parts setup:

cam wheels :	:	:
follower :	CAT004/C	CAT004/C
valve lash :	O.E.M.	O.E.M.
valve :	O.E.M.	O.E.M.
valve locks :	O.E.M.	O.E.M.
upper retainer :	O.E.M.	O.E.M.
lower retainer :	O.E.M.	O.E.M.
exterior spring :	O.E.M.	O.E.M.
interior spring :		

fitted load / length	: 0kg @ 0.0mm	: 0kg @ 0.0mm
max. load / lift	: 0kg @ 11.5mm	: 0kg @ 11.5mm

REMARKS :

ALWAYS use CAT004/C race cam followers (low friction coating)



REMARKS :

steel billet camshafts